To be completed after the *subjective assessment*:

1. Which structure(s) do you think could be responsible for the patient’s symptoms?

<table>
<thead>
<tr>
<th>Structures in order of priority</th>
<th>Reasons</th>
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2. State the **irritability** of the patient’s condition:

   Not   Mild   Moderate   Severe

   Please justify your answer:

3. State the **severity** of the patient’s condition:

   Mild   Moderate   Severe

   Please justify your answer:

4. State the pain mechanisms involved:

5. Is the nociceptive component predominantly inflammatory or mechanical? List the factors that support and negate your decision.

6. At what stage of the healing/inflammatory process is the patient at?

7. State the **nature** of the condition (% for each component)

   Discogenic   Arthrogenic   Myogenic   Neurogenic   Soft tissue

   Osteogenic   Vascular   Psychogenic   Sociogenic   Visceral
8. Are there any contributing factors associated with the patient’s symptoms?

   Physical

   Environmental/biomechanical

   Cognitive/affective

9. Is there any indication for caution?  Yes  No
   If yes, please justify (irritability, severity, red flags, yellow flags)

10. Do you think you would need to be gentle, moderate or vigorous with your examination movements? Why?

11. Do you expect a comparable sign to be easy or hard to find? Why?

12. What relationship will there be between pain and resistance?

   P   R   P>R   R>P   R=P

   Explain?

13. Is neurological examination necessary…why?

14. What must you test on day 1?

15. What should you test after day 1?

16. From the S/E, what are your O/E findings likely to be?

17. State your working hypothesis?