

Burns and Plastic Surgery Occupational Therapy

Instructions for using Coban

Indications

Coban self-adherent wrap is intended for use as an elastic wrap to provide compression or support.

- Coban is used to decrease swelling. If finger swelling has decreased to normal discontinue use.
- Wrap Coban from tip of finger to base of finger in a diagonal direction.
- Replace Coban wrap twice daily.
- Remove Coban wrap if wet and replace.
- Therapy exercises (if applicable) can be performed with Coban wrap on.

Warnings

- As with any elastic wrap, the area of application should be frequently checked for signs of inflammation, discolouration or circulatory deficiency.
- Perform frequent circulatory checks by blanching tip of finger, colour should return within a few seconds. If colour does not return, loosen the Coban wrap.

Precautions

- Do not wrap too tightly.
- This product contains natural latex, which may cause an allergic reaction.
- Coban wrap does not slip or loosen after application. It should be applied with only the appropriate amount of compression.
- Coban wrap should not be placed in direct contact with an open wound.

Directions of Use

- Unwind approximately 30cm of Coban wrap and allow the wrap to relax.
- Without stretching, apply one full wrap and overlap. Press overlapped area lightly to keep the end in place.
- When application is complete, cut off the excess Coban wrap. Secure the end of the application by gentle pressing.

If you require any further guidance or have any questions about the Coban wrap or if the scar area shows any evidence of skin irritation, rash, open or weeping areas, remove wrap and contact your Key Worker

Telephone: (01792) 703980
(Answer Machine available)