

<u>Step 1</u>
Settings: First page after turning the ultrasound machine on.



**Step 4**Settings: Last step before treatment.



Step 7
Application: For patient comfort place gel on transducer and not patient.



Step 2
Settings: Select based on treatment. (Clinical protocol were selected in step 1)



Step 5
Treatment area: Stay within 4x the size of the ERA



**Step 8**Power & Intensity: Turn up as needed for patient comfort.



Step 3
Settings: Select based on treatment. (Acute was selected in step 2)



Step 6
Ultrasound gel: used to prevent air between transducer and skin.



Step 9
Transducer movement:
Keep transducer moving to prevent "hotspots".