<u>GMFCS Family Report Questionnaire:</u> <u>Children Aged 6 to 12 Years</u>

Please read the following and mark **only one box** beside the description that best represents your child's movement abilities.

My child...

Has difficulty sitting on their own and controlling their head and body posture in most positions and has difficulty achieving any voluntary control of movement and needs a specially supportive chair to sit comfortably and has to be lifted or hoisted by another person to move
Can sit on their own but does not stand or walk without significant support
<u>and</u> therefore relies mostly on wheelchair at home, school and in the community <u>and</u> often needs extra body / trunk support to improve arm and hand function <u>and</u> may achieve self-mobility using a powered wheelchair
Can stand on their own and only walks using a walking aid (such as a walker, rollator, crutches, canes, etc.) and finds it difficult to climb stairs, or walk on uneven surfaces and may use a wheelchair when travelling for long distances or in crowds
Can walk on their own without using walking aids, but needs to hold the handrail when going up or down stairs and often finds it difficult to walk on uneven surfaces, slopes or in crowds
Can walk on their own without using walking aids, and can go up or down stairs without needing to hold the handrail

<u>and</u> walks wherever they want to go (including uneven surfaces, slopes or in crowds) <u>and</u> can run and jump although their speed, balance, and coordination may be slightly limited

[©] Chris Morris, 2007

Available from *CanChild* Centre for Childhood Disability Research (www.canchild.ca), McMaster University GMFCS modified with permission from Palisano et al. (1997) Dev Med Child Neurol, 39, 214-223.