## Reference video

Afghanistan: Healing the wounds of war - https://www.youtube.com/watch?v=pjw776Hev_A
Produced by ICRC in 2014

## Context

Afghanistan is unfortunately well known for his conflict situation, at the border of Pakistan and Tadjikistan  
http://fr.wikipedia.org/wiki/Afghanistan

## ICF Personal factors

Farzana is a thirty three year old, single woman who got injured in 1997 due to mine incident. She is a RTT amputee. Three months after the surgery she got her prosthesis delivered by the ICRC. Two months later she applied for a job at ICRC Orthopedic Centre Kabul. Farzana is a very positive minded woman, who lives an independent life. She is the only breadwinner for a family of 11 persons. She feels very well supported by her family. In the few months after the injury, before receiving her prosthesis, her social life outside the family was difficult. As soon as she got her device she felt a huge difference to the outside world and she felt she could live a life like a non-disabled person. Farzana is a very good example for people with disabilities: she is very optimistic, motivated and energetic, she shows that her disability does not stop her from anything she wants to do. She stresses this out with her patients and encourages them in their rehabilitation process.

## ICF Environmental factors

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## ICF Structure / Function levels

Her right leg is amputated at trans tibial level. Skin integrity, joint mobility, muscle power are normal on the amputated leg. The sound leg shows skin problems caused by shrapnel of the mine. She has headaches every day and an Afghan doctor told her that this it is due to a neurological disorder. However, tests have never shown any results.

## ICF Activities/Participation levels

She is completely independent in her ADL, despite of her disability she is able to do all kinds of activities. She travels by bus and car. Walking, household activities and carrying objects are no problem at all for her. She never uses any assistive device. Currently she works full-time as an ortho technician, prosthetic and orthotic supervisor for the female departments in Ali Abad orthopedic centre in Kabul.