



**Step 1**

Hydrocollator packs: Using a proper safety tool, grab a hydrocollator pack for treatment. (Note that water temperature is around 160-170 deg F)



**Step 2**

Terry hot pack cover: Place Hydrocollator pack in the Terry hot pack cover. (Have a towel to place between cover and patient.)



**Step 3**

Patient positioning: Place your patient in a comfortable treatment position before placing hot pack.



**Step 4**

Treatment: Place pack on extremity for treatment.