

CLINICAL REASONING – POST SUBJECTIVE

To be completed after the *subjective assessment*:

1. Which structure(s) do you think could be responsible for the patient's symptoms?

	Structures in order of priority	Reasons
1		
2		
3		

2. State the **irritability** of the patient's condition:

Not Mild Moderate Severe

Please justify your answer:

3. State the **severity** of the patient's condition:

Mild Moderate Severe

Please justify your answer:

4. State the pain mechanisms involved:

5. Is the nociceptive component predominantly inflammatory or mechanical? List the factors that support and negate your decision.

6. At what stage of the healing/inflammatory process is the patient at?

7. State the **nature** of the condition (% for each component)

Discogenic Arthrogenic Myogenic Neurogenic Soft tissue

Osteogenic Vascular Psychogenic Sociogenic Visceral

8. Are there any contributing factors associated with the patient's symptoms?

Physical

Environmental/biomechanical

Cognitive/affective

9. Is there any indication for caution? **Yes** **No**
If yes, please justify (irritability, severity, red flags, yellow flags)

10. Do you think you would need to be gentle, moderate or vigorous with your examination movements? Why?

11. Do you expect a comparable sign to be **easy** or **hard** to find? Why?

12. What relationship will there be between pain and resistance?

P **R** **P>R** **R>P** **R=P**

Explain?

13. Is neurological examination necessary...why?

14. What must you test on day 1?

15. What should you test after day 1?

16. From the S/E, what are your O/E findings likely to be?

17. State your working hypothesis?